



Welcome to the Hume & Hovell Ultra at Henry Angel Check Point, 9 km south from Tumbarumba on the Tooma road.

Snowy Hydro 100 Mile Briefing

You can check in either at Tumbarumba motel, 4.30 to 7 pm on Friday night or at Henry Angel at 5.00am until 5.45am Saturday morning at the start line.

You will need to bring all mandatory safety gear to the check in. Please visit the website.

Compulsory Gear for the 100mile event is:

- Detailed maps and directions, water proof map case (zip lock bag) pen and note pad.
- Mobile phone;
- Emergency space blanket;
- Compass;
- Whistle;
- Rain Jacket with taped seams;
- Broad compression bandage;
- Water container, minimum 2 litres
- Thermal top, long sleeves. Thermal bottom. Beanie or Buff.
- Head light and spare battery which must be carried from Henry Angel Check Point (44 km).
- Backup torch/headlight including spare batteries must also be carried from Henry Angel.
- Reflective vest must be carried from Henry Angel Check Point (44 km) and worn at night;

Drop Bags

Can be sent to Mannus Lake, Henry Angel, Coffee Pot, The Pines and Buddong Falls Check Points, and at the finish. Drop Bag items will be nonreturnable from Coffee Pot, due to the organisers not getting them back to Henry Angel in time.

Check Point food

Mannus CP, Mt Garland and Henry Angel CP will have - water, Tailwind Nutrition, jellybeans, snakes, watermelon, bananas, oranges, chips, vegemite sandwiches, fruit cake.

Junction Campsite CP, Coffee Pot CP, The Pines CP and Buddong Falls CP will have - water, Tailwind Nutrition, jellybeans, snakes, watermelon, bananas, oranges, chips, vegemite sandwiches, fruit cake, chicken noodles, pumpkin soup

Henry Angel. FINISH. Enjoy the moment.

Gear Checks

Snowy Hydro100 mile runners will have a Safety Bag check at Henry Angel Check Point on return from Mannus. All Check Points will have First Aid.

Sweepers

There will be a sweeper on foot for the first 2 legs. The course has very steep sections, uneven under foot and protruding roots in places. From Henry Angel to the Pines and onwards there will be mountain bike riders from Mountain Bike Wagga Wagga and they will have satellite phones. We will be sweeping to the Pines CP and new crew to Buddong Falls and back. Vehicle with flashing light sweep from Buddong Falls to Ben Smith/Talbingo and return. Vehicle sweep from the Pines to Granite Mountain and return.

Instructions

On leaving Henry Angel you will run 250 mtrs before coming to Tooma road. Do not cross the road, turn left to follow the orange flagging tape to go under the bridge and then over a stile.

About 5 km you will cross Tumberumba creek on a brand new bridge. From here to Mt Garland Check Point (12.8km) there are steep sections and the track in places is uneven underfoot. From Mt Garland Check Point there is a steep descent before reaching a road and grid. Turn right over the grid. Follow road for nearly 6 kms, passing by the Mannus Lake Checkpoint (17km) and past the 100km turn around (do not turn around there). There will be a marshal at the 100 mile turn around (22km) to turn you around. Go back to the Mannus Lake check point (27km). This check point has support crew access and number check. From here you return through Mount Garland Check Point (31.2km) to Henry Angel Check Point (44km). There is a Safety Bag check here and pick up additional safety gear. All Safety Gear must be carried from here

Leaving Henry Angel you go to Junction Campsite Check Point (50.04km) then onto Coffee Pot Check Point (64.23km) which has a Drop Bag table. On then to The Pines Check Point (74.71km) which has a Drop Bag table and also Support Crew access.

Onto Buddong Falls Check Point (86.43km) From the Buddong Falls CP continue on the fire trail then right onto a fire trail for a total of 9.62km to the turnaround (Amateur Radio manned, water only) at Ben Talbingo (96.05km). Return to Buddong Falls CP on the fire trail (105.67km).

Back to the Pines Check Point (117.39km). This is where your safety runner can start, out to Mt Granite 7.04 km till you meet a turnaround marshal (124.43km). Here there will be water only, return back to the Pines Check Point (131.47km) and this is the last time you will see support crew until the finish.

Back through Coffee Pot check point (141.1km), Junction Campsite Check Point (156.3km) to arrive at the finish. Henry Angel. (162.8 km).

There will be a list of cut-off times so make sure you are aware of them. Hope you enjoy the course and see you at breakfast.

SUPPORT CREW 100 miler

Snowy Hydro 100 Miler Support crew have 3 locations they can access their runners.

Mannus Lake Check Point- This is on a Forest Road and there is a 20 kmph speed limit as you will have runners on the side.

Back at Henry Angel on their return and then at the Pines. The Pines is on Forestry roads and the speed limit is 60 mph. Down load maps or pick maps up when you register as Support Crew.

To do all the Check Points you will cover 100 km, so make sure you have enough fuel. Enjoy the event

Peter and the Committee
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