



Welcome to the Hume & Hovell Ultra at Henry Angel Check Point, 9 km south from Tumbarumba on the Tooma road.

100 km Briefing

You can check in either at Tumbarumba motel, 4.30 to 7 pm on Friday night or at Henry Angel at 5.00 am until 5.45 am Saturday morning at the start line.

You will need to bring all mandatory safety gear to the check in. Please visit the website.

Compulsory Gear for the 100km event is:

- Detailed maps and directions, water proof map case (zip lock bag) pen and note pad.
- Mobile phone;
- Emergency space blanket;
- Compass (phone & watch compasses are not included);
- Whistle;
- Rain Jacket with taped seams;
- Broad compression bandage;
- Water container, minimum 2 ltrs;
- Thermal top, long sleeves. Thermal bottom. Beanie or Buff.
- Head light and spare battery which must be carried from Henry Angel Check Point (37.5km);
- Reflective vest which must be carried from Henry Angel Check Point (37.5km) and worn at night;
- Backup torch/headlamp including spare batteries which must be carried from Henry Angel CP.

Drop Bags

Can be sent to Mannus Lake, Coffee Pot and The Pines check points, and at the finish. Drop Bag items will be **nonreturnable** from Coffee Pot due to the organisers not getting them back to Henry Angel in time.

Check Point food

Mannus CP, Mt Garland and Henry Angel CP will have - water, Tailwind Nutrition, jellybeans, snakes, watermelon, bananas, oranges, chips, vegemite sandwiches, fruit cake
Junction Campsite CP, Coffee Pot CP and The Pines CP will have - water, Tailwind Nutrition, jellybeans, snakes, watermelon, bananas, oranges, chips, vegemite sandwiches, fruit cake, chicken noodles, chicken soup

Henry Angel. FINISH. Enjoy the moment.

Gear Checks

100 km runners will have a Safety Bag check at Henry Angel Check Point on return from Mannus. All Check Points will have First Aid and a defibrillator.

Sweepers

There will be a sweeper on foot for the first 2 legs. The course has very steep sections, uneven under foot and protruding roots in places. From Henry Angel to the Pines and return there will be mountain bike riders from Mountain Bike Wagga Wagga and they will have satellite phones.

Instructions

Start at Henry Angel, and after about 250 metres, you will come to Tooma road. Don't go over the road, follow the orange tape and go under the bridge. At 12.8 km you will come to your first check point, Mount Garland (12.8km). From here there is a steep descent. When you get to the road, turn right over the grid. Pass by the Mannus Lake Check Point (17.00km) until the turnaround point (19.00 km), there will be a marshal to turn you around. On the way back you must stop at Mannus Lake Check Point (21.00km) and number check, return through Mount Garland Check Point (25.20km) to return to Henry Angel Check Point (38.00km). Henry Angel Check Point is a Safety Bag Check station. After leaving Henry Angel you will go through Junction Check Point (44.50km), Coffee Pot Check Point (59.70km), then to the Pines Check Point (69.70km) which is also a Support Crew Check Point, Safety Bag check and turnaround. Return to Coffee Pot Check Point (79.70km), Junction Campsite Check Point (94.9km) and finish at Henry Angel. (101.40km)

From Henry Angel to the Pines and return there will be orange tape with reflective tape on the end every 80 to 120 metres.

Peter and the Committee
0428 423633

SUPPORT CREW

100 km Support crew have 3 locations they can access their runners.

Mannus Lake Check Point- This is on a Forest Road and there is a speed limit of 20 km as you will have runners using this section as well.

Back at Henry Angel on their return and then at the Pines. The Pines is on a Forestry road and the speed limit is 60 mph. Please look out for brumbies and kangaroos.

Down load maps or pick maps up when you register as Support Crew.

To do all the Check Points you will cover 100 km, so make sure you have enough fuel.

Enjoy the event