

Mannus Campsite
Start 22 km

Mannus Lake Aid
Station 5km

Mt Garland
Aid Station 9.2km

Henry Angel
Finish 22 km


22 km Map

Hume & Hovell Ultra

Runners will be taken by bus from Henry Angel to Mannus Campsite, running back through Mannus Lake AS, Mt Garland AS into Henry Angel finish.

All participants must carry a mobile phone, compression bandage for first aid and snake bites, a whistle and the capacity to carry **at least 1 litre of water** at all times.

Aid Stations will have water, Tailwind Nutrition, jellybeans, snakes, watermelon, bananas, oranges, chips, vegemite sandwiches & fruit cake.



Copied from Hume & Hovell Walking Track Pack Map 4 Department of Lands

