



Hume & Hovell Ultra Checkpoints and Information

Snowy Hydro100 Mile

- 100 Mile: 13 checkpoints - Mt Garland CP x 2, Mannus Lake CP, Henry Angel CP, Junction Campsite CP x 2, Coffee Pot x 2, The Pines x 3, Buddong Falls CP x 2.
- Each major checkpoint will have a qualified First Aid Person;
- Each major checkpoint will have radio contact to the finish line;
- Safety Equipment Bag Check 100 mile: (start, Henry Angel CP on return from Mannus, The Pines CP)
- Bag drops are available at: Mannus Lake CP, Henry Angel CP, The Pines CP, Buddong Falls CP, Coffee Pot CP
- Support Crews can access Mannus Lake CP, Henry Angel CP, The Pines Cp.

ALL RUNNERS MUST REGISTER WITH THE CHECKPOINT OFFICIALS ON ARRIVAL AT CHECKPOINT AND ON DEPARTURE FROM CHECKPOINT.

Checkpoint	Distance	Facility	Cut Off
Henry Angel Check Point Start	0 km	Compulsory Safety Bag Check Drop Bag table	5 to 5.45am 6.00 am
Mt Garland Check Point	12.8 km	No Support Crew Access. water, Tailwind Nutrition, jellybeans, snakes, watermelon, bananas, oranges, chips, vegemite sandwiches, fruit cake	
Mannus Campsite turnaround only	22 km	Turnaround only. Toilet. No runner support	
Mannus Lake Check Point	27 km	Support Crew Access, Drop Bag, toilet. Water, Tailwind Nutrition, jellybeans, snakes, watermelon, bananas, oranges, chips, vegemite sandwiches, fruit cake	
Mt Garland Check Point	31.2 km	No Support Crew Access. Water, Tailwind Nutrition, jellybeans, watermelon, bananas, oranges, chips, vegemite sandwiches, fr	
Henry Angel Check Point	44.16 km	Support Crew Access. Drop Bag, toilet. Medical tent. Water, Tailwind Nutrition, jellybeans, snakes, watermelon, bananas, oranges, chips, vegemite sandwiches, fruit cake Safety Bag Check. All runners must carry all mandatory safety gear from here.	2.30 pm Sat
Junction Campsite Check Point	50.04 km	No Support Crew Access. toilet. Water, Tailwind Nutrition, jellybeans, snakes, watermelon, bananas, oranges, chips, vegemite sandwiches, fruit cake	
Coffee Pot Check Point	64.23 km	No Support Crew Access. Toilet, Drop bag table. Water, Tailwind Nutrition, jellybeans, snakes, watermelon, bananas, oranges, chips, vegemite sandwiches, fruit cake	

The Pines Check Point	74.71 km	Support Crew Access, Drop Bag, toilet. Medical tent. Water, Tailwind Nutrition, jellybeans, snakes, watermelon, bananas, oranges, chips, vegemite sandwiches, fruit cake - plus hot noodles and soup. Safety Bag Check.	9.15 pm Sat
Buddong Falls Check Point	86.43 km	No Support Crew Access, Drop bag, toilet. Water, Tailwind Nutrition, jellybeans, snakes, watermelon, bananas, oranges, chips, vegemite sandwiches, fruit cake	11.45 pm Sat
Talbingo turnaround	96.05 km	Turn around at Talbingo, unmanned turnaround	
Buddong Falls Check Point on return from turnaround	105.67 km	No Support Crew Access, Drop Bag. toilet. Water, Tailwind Nutrition, jellybeans, snakes, watermelon, bananas, oranges, chips, vegemite sandwiches, fruit cake	2.00 am Sunday
The Pines CP on return from Buddong Falls and then do out and back loop	117.39 km	Support Crew Access, Drop Bag. toilet. Water, Tailwind Nutrition, jellybeans, snakes, watermelon, bananas, oranges, chips, vegemite sandwiches, fruit cake, vegemite sandwiches - plus hot noodles and soup	4:30am Sunday
Granite Mountain turnaround	124.43 km	Turnaround only	
The Pines Check Point on return from loop.	131.47km	Support Crew Access, Drop Bag, toilet. Water, Tailwind Nutrition, jellybeans, snakes, watermelon, bananas, oranges, chips, vegemite sandwiches, fruit cake - plus hot noodles and soup	8.15 am Sunday
Coffee Pot Check Point	141.95 km	No Support Crew Access, Drop Bag, Water, Tailwind Nutrition, jellybeans, snakes, watermelon, bananas, oranges, chips, vegemite sandwiches, fruit cake - plus hot noodles and soup	
Junction Campsite is a Check Point on return	156.14 km	No Support Crew Access, Water, Tailwind Nutrition, jellybeans, snakes, watermelon, bananas, oranges, chips, vegemite sandwiches, fruit cake - plus hot noodles and soup	
Henry Angel	162.02 km	Finish	2 pm Sun 32 hours cut off