



## Hume & Hovell Ultra Checkpoints and Information

50 km

- There are five checkpoints (Junction Campsite CP, Henry Angel CP, Mt Garland CP x 2, Mannus Lake CP,
- Each checkpoint will have a qualified First Aid Person
- Each checkpoint will have radio contact to the finish line
- Safety Equipment Bag Checks 50km start, Mannus Lake CP
- Bag drops are available at: Mannus Lake CP, Henry Angel CP
- Support Crews can access Mannus Lake CP, Henry Angel CP

**ALL RUNNERS MUST REGISTER WITH THE CHECKPOINT OFFICIALS ON ARRIVAL AT CHECKPOINT AND ON DEPARTURE FROM CHECKPOINT.**

Checkpoint	Distance	Facility	Cut Off
Henry Angel Check Point	0 km	Registration & Compulsory Safety Bag Check START	7.30 - 8.45am 9.00 am
Junction Campsite turnaround	5.88 km	Turnaround at Junction Campsite Witches Hat / Marshal. Water only	
Henry Angel Check Point	11.76 km	Support Crew Access, Drop Bag table, toilet, water, Tailwind Nutrition, jellybeans, snakes, watermelon, bananas, oranges, chips, vegemite sandwiches, fruit cake.	
Mt Garland Check Point	24.56 km	Water, Tailwind Nutrition, jellybeans, snakes, watermelon, bananas, oranges, chips, vegemite sandwiches, fruit cake	
Mannus Lake turnaround	31.26 km	Turnaround at Witches Hat / Marshal	
Mannus Lake Check Point	33.76	Support Crew Access, Drop Bag table, toilet, water, Tailwind Nutrition, jellybeans, snakes, watermelon, bananas, oranges, chips, vegemite sandwiches, fruit cake. All 50km runners must carry all mandatory gear from here.	3.00 pm
Mt Garland Check Point	37.96 km	Water, Tailwind Nutrition, jellybeans, snakes, watermelon, bananas, oranges, chips, vegemite sandwiches, fruit cake	
Henry Angel Check Point	50.76 km	FINISH	7 pm 10 hour cut off