



Hume & Hovell Ultra Checkpoints and Information

Snowy Hydro 100 Mile

- 100 Mile: 13 checkpoints - Mt Garland CP x 2, Mannus Lake CP, Henry Angel CP, Junction Campsite CP x 2, Coffee Pot x 2, The Pines x 3, Buddong Falls CP x 2.
- Each major checkpoint will have a qualified First Aid Person;
- Each major checkpoint will have radio contact to the finish line;
- Safety Equipment Bag Check 100 mile: (start, Henry Angel CP on return from Mannus, The Pines CP)
- Bag drops are available at: Mannus Lake CP, Henry Angel CP, The Pines CP, Buddong Falls CP, Coffee Pot CP
- Support Crews can access Mannus Lake CP, Henry Angel CP, The Pines Cp.

ALL RUNNERS MUST REGISTER WITH THE CHECKPOINT OFFICIALS ON ARRIVAL AT CHECKPOINT AND ON DEPARTURE FROM CHECKPOINT.

Checkpoint	Distance	Facility	Cut Off
Henry Angel Check Point Start	0 km	Compulsory Safety Bag Check Drop Bag table	5 to 5.45am 6.00 am
Mt Garland Check Point	12.8 km	No Support Crew Access. Water, Tailwind, jellybeans, snakes, chips, fruitcake, oranges, watermelon, bananas and vegemite sandwiches	
Mannus Campsite turnaround only	22 km	Turnaround only. Toilet. No runner support	
Mannus Lake Check Point	27 km	Support Crew Access, Drop Bag, toilet. Water, Tailwind, jellybeans, snakes, chips, fruitcake, oranges, watermelon, bananas and vegemite sandwiches	
Mt Garland Check Point	31.2 km	No Support Crew Access. Water, Tailwind, jellybeans, snakes, chips, fruit cake, oranges, watermelon, bananas and vegemite sandwiches.	
Henry Angel Check Point	44 km	Support Crew Access. Drop Bag, toilet. Medical tent. Water, Tailwind, jellybeans, snakes, chips, fruit cake, oranges, watermelon, bananas and vegemite sandwiches. Safety Bag Check. All runners must carry all mandatory safety gear from here.	2.30 pm Sat
Junction Campsite Check Point	50.5 km	No Support Crew Access. toilet. Water, Tailwind, chips, jellybeans, snakes, fruit cake, oranges, watermelon, bananas, and vegemite sandwiches.	
Coffee Pot Check Point	65.7 km	No Support Crew Access. Toilet, Drop bag table. Water, Tailwind, jellybeans, snakes, chips, fruit cake, oranges, watermelon, bananas and vegemite sandwiches.	

The Pines Check Point	75.7 km	Support Crew Access, Drop Bag, toilet. Medical tent. Water, Tailwind, chips, fruit cake, jellybeans, snakes, watermelon, bananas, oranges and vegemite sandwiches - plus hot noodles and soup on the return run. Safety Bag Check.	9.15 pm Sat
Buddong Falls Check Point	87.2 km	No Support Crew Access, Drop bag, toilet. Water, Tailwind, chips, jellybeans, snakes, watermelon, bananas, vegemite sandwiches, fruit cake and oranges.	11.45 pm Sat
Turnaround at Stile/farm	93.8 km	Turn around at stile/farmland	
Buddong Falls Check Point on return from turnaround	100.4 km	No Support Crew Access, Drop Bag. toilet. Water, Tailwind, chips, fruit cake, jellybeans, snakes, watermelon, oranges, bananas and vegemite sandwiches.	2.00 am Sunday
The Pines CP on return from Buddong Falls and then do out and back loop	111.90 km	Support Crew Access, Drop Bag. toilet. Water, Tailwind, chips, fruit cake, jellybeans, snakes, watermelon, bananas, oranges and vegemite sandwiches - plus hot noodles and soup on the return run.	4:30am Sunday
Granite Mountain turnaround	121.50 km	Turnaround only	
The Pines Check Point on return from loop.	131.10km	Support Crew Access, Drop Bag, toilet. Water, Tailwind, chips, fruit cake, jellybeans, snakes, watermelon, bananas and vegemite sandwiches - plus hot noodles and soup on the return run.	8.15 am Sunday
Coffee Pot Check Point	141.10 km	No Support Crew Access, Drop Bag, Water, Tailwind, chips, jellybeans, snakes, watermelon, bananas, oranges, fruit cake and vegemite sandwiches - plus hot noodles and soup on the return run.	
Junction Campsite is a Check Point on return	156,30 km	No Support Crew Access, Water, Tailwind, chips, jellybeans, snakes, watermelon, bananas, oranges, fruit cake and vegemite sandwiches - plus hot noodles and soup on the return run.	
Henry Angel	162.8 km	Finish	2 pm Sun 32 hours cut off