



Detailed 100 km Course Description

| Comments | Distance | Accumulative | Cut Off |
|---|----------|--------------|---------------------|
| Henry Angel Trackhead Start | 0.0 | 0.0 | |
| Mt Garland Check Point | 12.8 | 12.8 | |
| To the 100 km turnaround | 6.20 | 19.00 | |
| Mannus Lake Check Point Drop Bag table Support Crew Access | 2.00 | 21.00 | |
| Mt Garland Check Point | 4.20 | 25.20 | |
| Henry Angel Check Point Drop Bag Table Support Crew Access Safety Bag check | 12.8 | 38.00 | 1.30 pm |
| North to Junction Campsite Check Point | 6.50 | 44.50 | |
| Coffee Pot Check Point/Drop Bag Table | 15.2 | 59.70 | |
| The Pines Check Point Turnaround Drop Bag Table Support Crew Access Safety Bag Check | 10.00 | 69.70 | 7.30 pm |
| Coffee Pot Check Point/Drop Bag Table | 10.00 | 79.70 | 9.30 pm |
| Junction Campsite Check Point | 15.2 | 94.90 | |
| Henry Angel Check Point | 6.5 | 101.40 | 6.00 am 24 hours |