



Detailed 50km Course Description

Description	Sector Distance	Accumulative Distance	Cut Off
Henry Angel Trackhead Start	0.00	0.00	
Junction Campsite Turnaround	5.88	5.88	
Henry Angel Check Point Drop Bag Table, Support Crew Access	5.88	11.76	
Mt Garland Check Point	12.80	24.56	
Mannus Lake turnaround	6.7	31.26	
Mannus Lake Check Point Drop Bag Table, Support Crew Access Safety Bag Check	2.5	33.76	3.00 pm
Mt Garland Check Point	4.20	37.96	
Henry Angel Finish	12.80	50.76	7 pm 10 hour cut off