**Hume & Hovell Ultra Checkpoints and Information**

**100km**

* 100km: Nine checkpoints - Mt Garland CP x 2, Mannus Lake CP, Henry Angel CP, The Pines CP. Coffee Pot CP and Junction Campsite CP.
* Each checkpoint will have a qualified First Aid Person;
* Each checkpoint will have radio contact to the finish line;
* Safety Equipment Bag Check 100km: start, Henry Angel CP on the way from Mannus, The Pines CP.
* Bag drops are available at: Mannus Lake CP, Henry Angel CP, The Pines CP, Coffee Pot CP
* Support Crews can access Mannus Lake CP, Henry Angel CP, The Pines CP.

**ALL RUNNERS MUST REGISTER WITH THE CHECKPOINT OFFICIALS ON ARRIVAL AT CHECKPOINT AND ON DEPARTURE FROM CHECKPOINT.**

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| **Checkpoint** | **Distance** | **Facility** | **Cut Off** |
| Henry Angel Check Point  **Start** | 0 km | Compulsory Safety Bag Check | **5 to 5.45am**  **6.00 am** |
| Mt Garland Check Point | 12.08 km | No Support Crew Access.  Water, Gatorade, gels, jellybeans, snakes, chips, fruitcake, oranges, watermelon, bananas, vegemite sandwiches, coke |  |
| Mannus Lake turnaround | 19 km | **Turnaround only** |  |
| Mannus Lake Check Point | 21 km | Support Crew Access, Drop Bag Table, Toilet  Water, Tailwind, gels, jellybeans, snakes, chips, fruitcake, oranges, watermelon, bananas, vegemite sandwiches, coke |  |
| Mt Garland Check Point | 25.2 km | No Support Crew Access,  Water, Gatorade, gels, jellybeans, snakes, chips, fruitcake, oranges, watermelon, bananas, vegemite sandwiches, coke |  |
| Henry Angel Check Point | 38 km | Support Crew Access, Drop Bag table, Toilet  Water, Tailwind, gels, jellybeans, snakes, chips, fruit cake, oranges, watermelon, bananas, vegemite sandwiches. coke  Safety Bag Check.  All runners must carry all mandatory gear from here. | **2.00 pm** |
| Junction Campsite Check Point | 44.5 km | No Support Crew Access. Water, Tailwind, gels, jellybeans, snakes, chips, fruit cake, oranges, watermelon, bananas, vegemite sandwiches, coke |  |
| Coffee Pot Check Point | 59.7 km | No Support Crew Access, Drop bag table, water, Tailwind, gels, jellybeans, snakes, chips, fruitcake, oranges, watermelon, bananas, vegemite sandwiches, coke |  |
| The Pines Check Point  Turnaround | 69.7 km | **Turnaround**  Support Crew Access, Drop Bag Table, Toilet. Water, Tailwind, gels, jellybeans, snakes, chips, fruitcake, oranges, watermelon, bananas, vegemite sandwiches, coke, hot chicken noodles.  Safety Bag Check | **9.00 pm** |
| Coffee Pot Check Point | 79.7 km | No Support Crew Access, Drop bag table, Water, Tailwind, gels, jellybeans, snakes, chips, fruitcake, oranges, watermelon, bananas, vegemite sandwiches, coke, hot chicken noodles and soup. |  |
| Junction Campsite Check Point | 94.9 km | No Support Crew Access. Toilet,  Water, Tailwind, gels, jellybeans, snakes, chips, fruitcake, oranges, watermelon, bananas, vegemite sandwiches, coke,  hot chicken noodles and soup. |  |
| Henry Angel CP | 101.4 km | **FINISH** | **6.00 am Sun**  **24 hours** |