

Mannus Campsite
turnaround for 100 Mile
Support Crew Access
Start of 22 km

Mannus Lake Aid Station
Drop Bag table, Support Crew Access

Mt Garland Aid Station
No Support Crew access

Henry Angel Aid Station
Drop Bag table, Support
Crew Access. Finish all
distances.

Support Crew Map 1 of 3

100 Mile, 100km, 50km, 22 km

Henry Angel Aid Station
Mannus Lake Aid Station
The Pines Aid Station

Please note there is a 60km speed limit on all Forestry roads.

