

Mannus Campsite  
turnaround for 100 Mile  
Support Crew Access  
Start of 22 km

Mannus Lake Check Point  
Drop Bag table, Support Crew Access

Mt Garland Check Point  
No Support Crew access

Henry Angel Check Point  
Drop Bag table, Support  
Crew Access. Finish all  
distances.

**Support Crew Map 1 of 3**

**100 Mile, 100km, 50km, 22 km**

Henry Angel Check Point  
Mannus Lake Check Point  
The Pines Check Point

**Please note there is a 60km speed limit on all Forestry roads.**

